

HOMES • TRAVEL • FOOD • PROPERTY • GARDENS • HEALTH & BEAUTY

coast

living by the sea

JUNE 2008 £3.99

NEED A BREAK?

You must go down to the sea...

- ✦ Rest and recover at a seaside hideaway
- ✦ Breathe again on a walking festival
- ✦ Boost energy levels with outdoor sports



TRAVEL

**MEET THE KING
OF A REMOTE
IRISH ISLAND &
HIS ARTIST PALS**

**HEAD TO THE
DURHAM COAST
FOR ISOLATION
AND BEAUTY**

PROPERTY SPECIAL

THE BEST
COASTAL
TOWNS FOR
SEA VIEWS
SCHOOLS
AND QUALITY
OF LIFE

45 PAGES OF : **silver surfers**
SEASIDE HOMES : **rise up!** YOU'RE NEVER
& COASTAL STYLE : **TOO OLD TO CATCH A WAVE**

PLUS: THE 10 BEST PLACES FOR COASTAL WILDLIFE – A BEGINNER'S GUIDE TO COOKING FISH



1



2

1 For a selection of pretty cushions, check out Cabbages & Roses – the Pink Hatley cushion (60 per cent linen, 40 per cent cotton) looks great next to the pink wall, £50

2 This Emily dining chair (H86 x W38 x D38cm) from Marston & Langinger is a replica of a 19th-century French design in hand-forged, plain wrought iron, £225

3 Architectural antiques and salvage company Lassco sells terracotta pots, from £3

4 The floral tile (13 x 13cm) is handmade by Wendy Wilbraham – the selection is frost proof, so is ideal for the garden. Each costs from £19.50 plus p&p

5 Suitable for indoor and outdoor use, this limewash paint – here in Pigi's Piggy Pink – will weather with age and is available in 154 colours. From Francesca's Paints, £17 per litre



3



4



5



coast LOVES...

...the striking pink wall, which is influenced by the Mexican architect Luis Barragan, in WENDY WILBRAHAM's bijou garden. In summer, the area is a suntrap and as the plants dry out, she fills terracotta pots with pebbles, sea glass and shells