

KITCHENS BEDROOMS & BATHROOMS

BRITAIN'S
BEST-SELLING
KITCHEN,
BEDROOM AND
BATHROOM
MAGAZINE

JUNE 2022
£4.9

THE LIVE SUSTAINABLY

Kitchens that are
kind to the planet

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- + RECLAIMED designs
- + WORKTOPS that reduce waste
- + IDEAS for better heating & lighting

issue

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do you use?*

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This month
WE'RE
TALKING

Eco-friendly PAINT

Ever had to leave windows open for days in your kitchen or bathroom, or waited to sleep in a freshly redecorated bedroom because of fumes? A number of brands are now reducing toxins in their formulas which is not only better for you, but the planet too

Words: Irina Iacob

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Rich coverage, quick drying and non toxic – Pickleson's mission is to sustainably create beautiful paint. Odourless and water based, the palette includes warm neutrals, daring reds and pinks, and striking blues and greens. In this chic kitchen with wooden beams and terracotta flooring, you can spot the creamy Cosa Bianco in contrast with the bold Sexy Marsala on the walls, and Drunk Tahiti above the splashback, all \$49 for 2.5 litres. Pro tip: mistle your walls more hygienic with Pickleson's smart Protego Antimicrobial solution, which prevents the growth of bacteria. >





With a low impact on health and the environment, Francesco's Paints' eco-emulsion is water based and completely breathable. Complement your wallpaper design in the bedroom with help from your paint choice, as seen in this sanctuary-like scheme designed by Nicola Hubert. The space includes the calm and dreamy pastel blue shade Freedom from the Poison Into Medicine collection, priced from \$28.50 for 1 litre of eco-emulsion.

LOOK OUT FOR THESE TERMS

Volatile organic compounds (VOC) Health-threatening chemicals that, when exposed to sunlight or direct heat such as radiators, can create ground-level ozone and photochemical smog.

Alkylphenol ethoxylates (APE) Concerning chemicals used as surfactants, so lowering the surface tension, in acrylic and water-based paints to allow water to mix with the other ingredients.

Nonyphenol ethoxylates (NPE) A non-readily biodegradable compound that's toxic to humans as well as the aquatic environment and wildlife.

Octylphenol ethoxylates (OPE) A surfactant believed to be an endocrine disruptor (which means it could interfere with your hormones), commonly used in paint formulas.

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Together with a team of chemists who had been manufacturing eco-friendly paint before it caught traction, Lick produce small, made-to-order batches to avoid wastage. Their paint ranges are water based, low-VOC, durable and washable. A nice way to upgrade your kitchen sustainability is to give your doors a fresh lick of paint, for example in this charcoal blue Grey 08 Matt, from \$42 for 2.5 litres >

