

BRITAIN'S BESTSELLING HOMES MAGAZINE

Ideal Home

COOL, CALM & organised!

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+ FREE



WORTH £7.99
THE PERFECT CONDITIONS FOR HOME

TREND TALK

Wallpaper on ceilings

WHAT DOES OUR STYLE EDITOR REALLY THINK?

6 EASY FIXES FOR YOUR PERFECT HOME OFFICE

PLUS DESKS TO IMPRESS

YOUR HOUSE MANUAL

- ◆ SORT YOUR GARAGE
- ◆ TIME-SAVING HOME ROBOTS
- ◆ PET-PROOF YOUR HOME

MONEY WORRIES?
'Be cash clever with our energy saving tips



Dream sofa special

LOUNGE IN STYLE

- ◆ THE BEST SOFAS & SOFA BEDS **CHOSEN BY THE IH EDITORS**
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| IH COLOUR EDIT |

Sage green

THIS MONTH OUR COLOUR CONSULTANTS
PRESENT THIS SOOTHING EARTHY SHADE AND
HOW TO USE IT SUCCESSFULLY IN YOUR HOME



Choose a versatile
mid-toned shade that's the
perfect mix of green and
grey, Olive Tree matt
emulsion, £22 for 2.5ltr,
Heritage range at Dulux

‘What the experts say...’

Colour consultants share their views

‘Sage is made by adding blue to green, making it a fresh and cool colour. Most rooms will benefit from it, as it is neither too bold nor too light, and is a great base to add stronger shades to. It pairs really well with pink, a combination found naturally in flowers.’

FRANCESCA WEZEL, FOUNDER,
FRANCESCA'S PAINTS

‘Neutrals with a hint of colour, like a pale sage or olive green, are both subtle and powerful, lifting a space while retaining a sense of tranquillity. Try choosing two harmonious colours, such as our Gray Mirage and Misted Green. Paint the lower part of the wall using the darker tone and the top in the paler colour to create an understated simplicity.’

HELEN SHAW, UK DIRECTOR, BENJAMIN MOORE

‘With its calm, earthy feel, sage green works beautifully in any room of the house. Its versatility means you can be brave and fully embrace it across all four walls or just use a splash as an accent colour to complement a more neutral paint.’

ANNA HILL, BRAND DIRECTOR,
FENWICK & TILBROOK

‘For a living room or home office, sage green is a great choice as our eyes don't have to adjust to green, creating an instantly restful environment.’

TASH BRADLEY, HEAD OF INTERIOR DESIGN, LICK

‘Sage green has previously been paired with similar muted tones, such as taupes and light creams, but we have recently seen a bright bold trend coming through. To create a more dramatic space, try pairing a dark sage green with a burnt orange or brick to bring this new trend to life.’

KELLY COLLINS, INTERIOR DESIGN EXPERT
AND HEAD OF CREATIVE, SWYFT

‘Sage is a pale, soft green colour that works beautifully with natural timber and whiter tones for a fresh look that's effortlessly classic.’

SIMON TEMPRELL, INTERIOR DESIGN
MANAGER, NEPTUNE



Bring a sense of calm and comfort. Sir Lutyens' Sage absolute matt emulsion, £52 for 2.5ltr, Little Greene

“Soft grey-green **SHADES** are **TIMELESS** and work beautifully with **NATURAL** materials, such as stone, wood, rattan and jute”

RUTH MOTTERSHEAD, CREATIVE DIRECTOR, LITTLE GREENE

the edit SAGE GREEN



BEST FOR USE AS A NEUTRAL

Trailing Plant
flat matt, £36 for
2.5ltr, Crown



BEST FOR EXTERIOR WOODWORK

Ball Green exterior
eggshell, £32 for
0.75ltr, Farrow & Ball



BEST FOR FRESHENING UP

Cuttings pure matt
emulsion, £50 for 2.5ltr,
Fenwick & Tilbrook



BEST FOR KITCHEN UNITS

Ice House Blue acrylic
eggshell, £70 for 2.5ltr,
Francesca's Paints



BEST FOR ULTIMATE CALM

Green 02
matt emulsion,
£42 for 2.5ltr, Lick

NEED HELP WITH YOUR ROOM? JOIN OUR FACEBOOK GROUP, THE IDEAL HOME ROOM CLINIC

Units painted in Rebecca's Red, from £35 for 1ltr, Francesca's Paint

2 HOW TO REFRESH A KITCHEN ISLAND WITH WOODEN PANELLING

If your island is looking a bit tired, give it an instant lift by covering it with wooden battens.

- Give the surfaces a good clean and protect the floor with dust sheets.
- Cut battens to size to fit between the worktop underside and the

floor. If you want to paint or varnish them, do this first and leave to dry.

- Using strong adhesive, attach each batten to the sides of your island, using tile spacers to create neat gaps. Hold in place for a few seconds before working your way around.



STYLE TIP
Paint a selection of cupboard and drawer fronts in a punchy shade



1 Red 05 matt, £42 for 2.5ltr, Lick 2 Citrine absolute matt emulsion, £52 for 2.5ltr, Little Greene 3 Sage eggshell emulsion, £29 for 2.5ltr, Dunelm